

Aurum

YOUR HIGHEST TIMELINE

WORKBOOK



Connecting with your highest timeline means to anchor in a future version of you and start feeling, behaving and being as she is in the present moment.

How do you see yourself right now?

What do you already have in your life that you are grateful for?

What did you see in the room of your inner potential in the meditation?

What is your highest timeline for your life?

If you imagine to stretch beyond that out of the realm of what is possible for you? What do you see and feel?

How does your environment look like? Where do you live?

How does your home look like?

How do you dress and with what things do you surround yourself?

What is your highest timeline for your business?

How do you make an impact through the work you do and through how you show up in your life?

How do you feel working in your business?

What is your highest timeline for your relationships and loved ones?

Who will you be?

When you are this version of yourself what do you do every day?

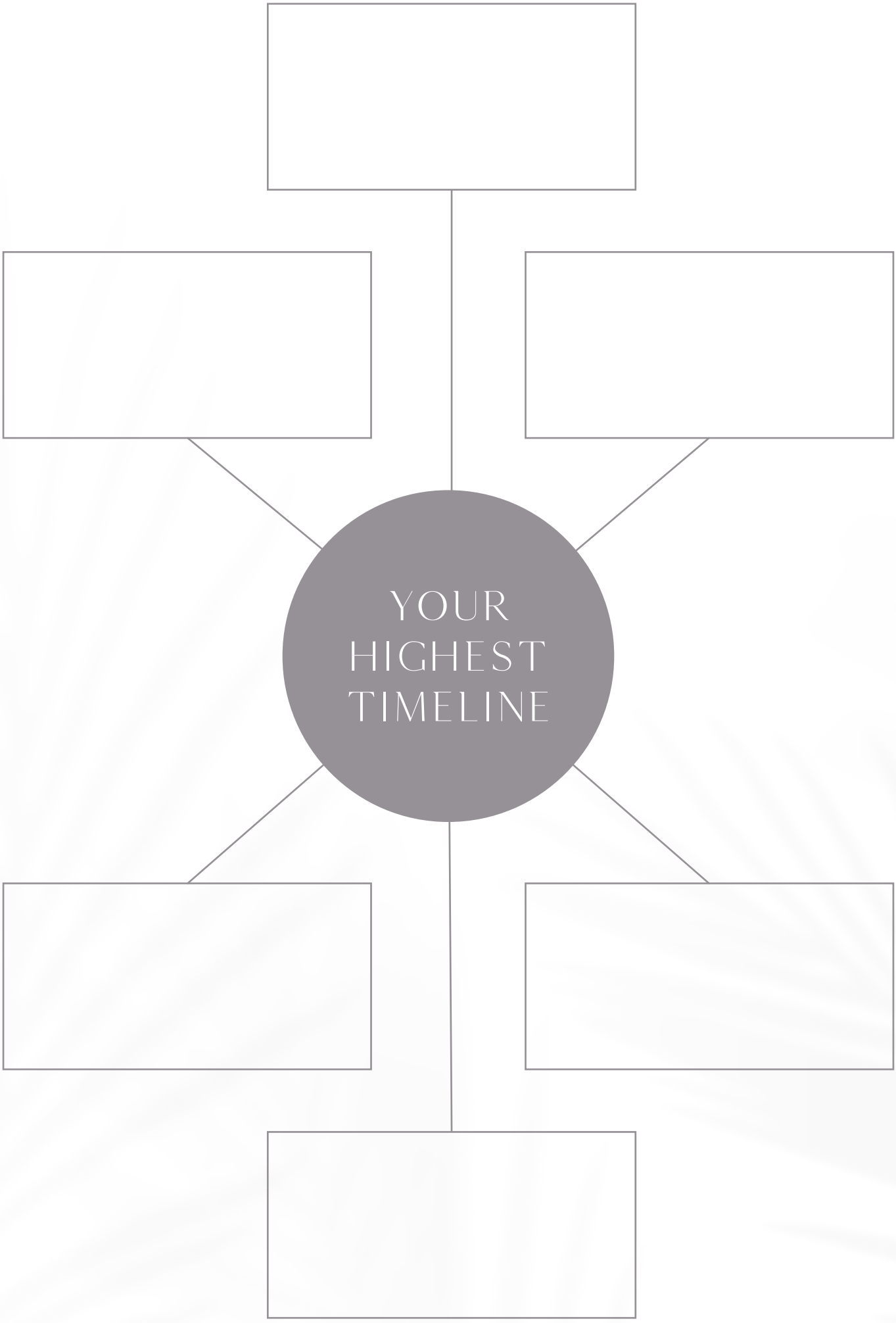
What physical things do you have in your life?

How do you celebrate?

What will you be grateful for?

Images are the door to your soul. Create a mood board that connects you with the energy of your highest timeline.




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Is there something that you could use as an anchor to anchor this highest timeline into your current present reality? This could be a song, an essential oil smell, a physical object, a practice of doing something.